

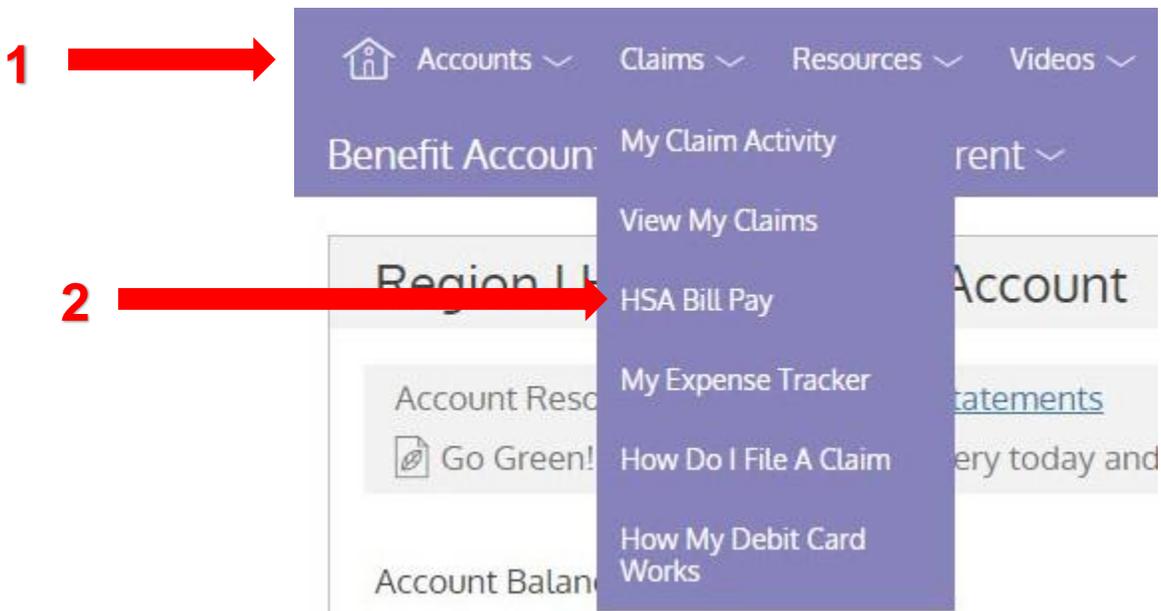
# R1 Benefits Today- HSA Transfer to Your Bank Account

If you prefer to pay for eligible medical expenses out of your own funds and reimburse yourself, the process is easy. You can simply withdraw funds from your HSA and transfer them directly to your personal checking, or savings account.

## Before You Start

Please make sure that you have the following:

- Online Access to Your Account (If not, please see Registering for Online Access)
- Direct Deposit (If not, please submit a completed Direct Deposit form to Region 1)



## My HSA

The Web site address to access the participant portal is <https://www.mywealthcareonline.com/r1benefitstoday>

1. After you have logged in to your account, from the Home page select the **Claims** dropdown menu, then **HSA Bill Pay**.
2. Unsure whether you have direct deposit set up? Click on **My Bank Account**. If you have direct deposit set up, you will be able view your bank account information here.
3. To begin the transfer process, click on **Bill Pay**.

Add Payment ✕

You may withdraw funds to your external bank account or you can make a payment to anyone, such as a provider. To withdraw funds and transfer directly to your bank account, select "Pay Me" below – you must have provided a Direct Deposit Account on the Withdrawal Bank Account page.

**IMPORTANT.** Payment requests are debited from your Health Savings Account on the requested withdrawal date. If a payment is being made to a provider, then the payment will be mailed and will arrive at the payee within 7-10 business days.

Withdrawal Account \* Region I Health Savings Ac ▾

Your Payment Request

**1** ➔ Pay Someone Else Pay Me

How would you like the funds to be sent to you?

**2** ➔ Deposit to my account on file Send me a check

Amount \* **3** ➔ \$ 250.00

Payment Preferences

Once Weekly Monthly

Send out Payments on \* **4** ➔ May 22, 2018

Description

**5** ➔ I understand that payments must be for qualified expenses, and I have full responsibility to maintain documentation that substantiates my bill payment requests are for qualified expenses. Payments are deducted from my HSA account on the mail date and will arrive at the payee up to 7-10 business days later, depending upon mail time. \*

## Bill Pay

From the **Add Payment** page, complete the following fields:

1. Select **Pay Me**.
2. Select **Deposit to my account on file**.
3. Enter the **Amount** to be transferred to your bank account
4. Enter the **Send out Payments on** date
5. Read and check the certification box
6. Click on **Submit**

\*\* Allow 3-5 business days for the transfer to complete.

